

DISRUPTIVE DISORDERS

- conduct disorder
- oppositional defiant
- disruptive

SIN

IMPULSIVE DISORDERS

- ADD/ADHD
- intermittent explosive
- addictions

GODLY RESPONSE

fear of the Lord
Prov 1:1-7

4 HEARTS

HUMILITY

kindness
Col 3:12

WISDOM

- blameshifting
- self-destructive

ANGER

- bitter
- discontent

FOOLISHNESS

satisfaction
Prov 19:23

UNBELIEF

forgiveness
Eph 4:31-32

- impatient
- judgemental

- immature
- irresponsible

PRIDE

he is able
Eph 3:20

"he isn't just."

"I wont!"

"I want!"

"he isn't enough."

he is generous
James 1:5,12-27

father of comfort
2Cor 1:3-7

"he isn't caring."

"I doubt!"

"I can't!"

"he isn't trustworthy."

he is faithful
Eph 3:20

- victim mentality
- self-absorbed

- nervous
- insecure

thankfulness
1 Thess 5:18

DESPAIR

- isolated
- hopeless

FEAR

- filled w/ shame
- paranoid

peace
Isa 26:3-4

HOPE

dependence
2 Cor 1:7-9

faith
Heb 11:1

TRUST

- major depression
- dysthymia
- bipolar

- PTSD
- generalized anxiety
- panic attacks

DEPRESSIVE DISORDERS

SUFFERING

ANXIETY DISORDERS

FOUR HEARTS COMMON HEART THEMES

Flesh Bent	Flesh Statement	Flesh Question	Renewed Statement	Renewed Question	Renewed Heart
ANGER Torch lighter Isaiah 50:10	"I deserve it!" "My will be done" "I won't!!!"	"Is God just?" "How do I get respect?"	"Christ is my Lord" "His will be done" "He judges justly"	"Who have I offended?" "How do I reconcile?" "Who do I need to forgive?"	Humble, Submissive, Tender, Kind
FOOLISHNESS Broken Cisterns Jeremiah 2:13	"I want it now" "I can't help myself"	"Is God really enough?" "How can I get more?"	"God is worthy and awesome" "God is sufficient"	"What can I own?" "Who can I bless?" "Can I wait upon Him?"	Reverent Fear, Seeking Wisdom and satisfaction in Christ
DESPAIR Vain Striver Eccl. 2: 20	"I'm misunderstood" "No one knows my pain" "I doubt..."	"Is God compassionate?" "Does anyone really care?"	"God is compassionate and near" "I am in His sovereign hands"	"Where is my hope?"	Hopeful, Thankful, Dependant
FEAR Man Pleaser Gal 1:10	"I am unlovable" "I can't..."	"Is God trustworthy?" "Does anyone like me?"	"I trust God with all my heart" "My esteem comes from Christ's love"	"Who have I needed that I need to love more?" "With Christ as my friend who shall I fear?"	Trusting, "Loving more than needing", Peace in Christ

Anger – The person characterized by an angry heart has a propensity to make an idol of power, control, and self-sufficiency or to be covetous. This person might find themselves making conscious and/or unconscious statements like, "I want respect or peace..." or "I can't believe so and so..." A person who chooses not to deal with an angry heart may be characterized by bitterness, judgment toward others, discontentment, and lacking joy. Others might comment that their actions are volatile, ungrateful, condemning, grouchy, irritable or difficult.

Foolishness – The person characterized by a foolish heart has a propensity to make an idol of escape, pleasure, or self gratification. They may find themselves constantly in the pursuit of certain feelings, objects or the accumulation of things. This person may find themselves making conscious and/or unconscious statements like "I want it now!" or "I just can't help myself!" The person who chooses to not deal with a foolish heart may be characterized by consuming addictions, blame-shifting, irresponsibility, and self-destruction. Others might comment that their actions are irresponsible, lazy, selfish or immature.

Despair – The person characterized by a despairing heart has a propensity to make an idol of easing pain, feeling good, and creature comforts. This person may find themselves making conscious and/or unconscious statements like "I deserve!" or "I'm totally helpless!" The person who chooses to not deal with a despairing heart may be characterized by a victim mentality, an inordinate need for security, self-pity, strained relationships and a propensity to self-medicate or escape through fantasy or self destructive behavior. Others might comment that their behavior or moods are melancholy, or down in the dumps, when relating to others they are often distant, isolating, draining, or self-absorbed.

Fear – The person characterized by a fearful heart has a propensity to make an idol of security, perfection, or looking better than they are. This person may find themselves making conscious and/or unconscious statements like "Will they reject me?" or "I can't risk it!" The person who chooses to not deal with a fearful heart may be characterized by false guilt and shame, social and/or spiritual paralysis, fear of man, and a shaken faith. Others might comment that their behavior or moods are up and down, nervous, tentative, and their social interactions are sometimes avoidant, or paranoid in nature.