Behavior Goals By Sherry Allchin and www.BiblicalCounselingCenter.org

For:

Desired Behavior	Benefits of Obedience	Consequences of Disobedience
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

Behavior Goals

For: Your Child's Name

Below are multiple examples in each of the five categories. Customize this chart for your own child, adapting it to age and specific desired goals. Remember that correction is more profitable than just punishment, so consequences must be constructive and appropriate.

Desired Behavior	Benefits of Obedience	Consequences of Disobedience
1. Chores Room cleaned Dish duty Trash duty Lawn mowed Laundry folded	Personal satisfaction Training for life Commendation by parents Friends over	Denial of privileges until all chores completed Extra chores assigned Bible study- laziness/diligence Memorize Col 3:23,24
2. General Obedience Promptness to obey Acknowledgment of parental requests Cheerful participation in family projects	Personal satisfaction, happiness No rod of correction Harmony, unity, peace in home Joy to the Lord, parents, teachers	The rod of correction Privileges denied Memorize Prov 3:11, 12 Memorize Prov 15:20, 29:15
3. Cooperation Respect and concern for others at home or school Teamwork in family projects or activities	Personal satisfaction and maturity Training for life Usefulness to God and others Friendships grow Others help you later	Isolation from family or team Loneliness, lost friendships Poor work ethic patterns Essay on "Why I Should Cooperate with my Team" Memorize Prov 18:24 Memorize Rom 12:3-21
4. Character Development Honest, Trustworthy Truthful, Transparent Dependable, Flexible Devotion to God, Family Attentive to others, listens Humility, Forgiving	God is glorified Parents are honored Increased maturity leads to increased privileges Independence from parents and growing dependence on God	Lack of trust by parents, others Loss of good friends Privileges denied, immaturity Memorize Psalm 1 Memorize Prov 1:2-9

5. School Work	5.	5.
Homework completed on	More play time	No play until all completed
time and done well	Good grades	today and play time deducted
Regular attendance	Training for life	in equal proportion tomorrow
		1 hr. late=I hr. off tomorrow's
		1 day late=1day grounding
		Memorize Php 4:13, Pro 6:6-11