

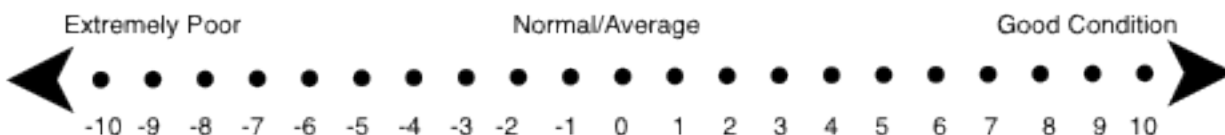
## Rate Your Marriage: Areas for Growth

Name \_\_\_\_\_

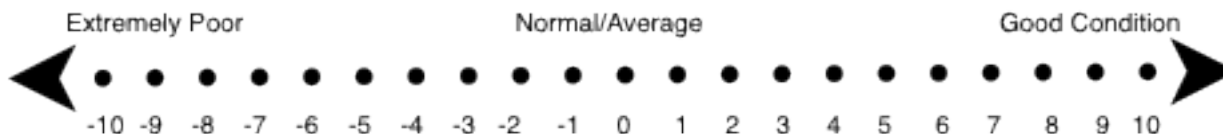
This evaluation is designed to evaluate your strengths and weaknesses in your marriage relationship and to spot problem areas so that you may work on correcting them. It will be most beneficial if both husband and wife take it separately and then sit down and discuss your respective evaluations. Rate your marriage and bring this back to your counselor for your next session. It will help to prioritize the agenda for marriage counseling and the order in which we proceed.

Circle the number that describes what you judge to be true of your marriage for each statement. Try to answer accurately rather than trying to make a point by your answer.

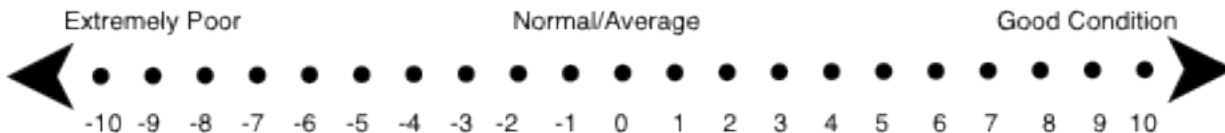
**1. Healthy marriages seek to honor God by modeling the love of Christ.**



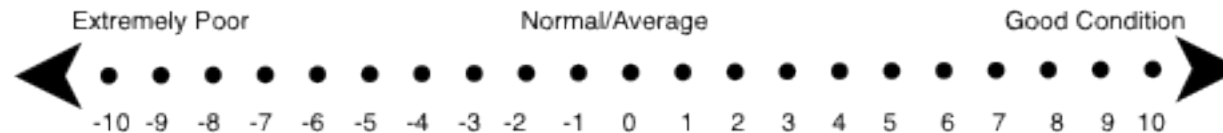
**2. Healthy marriages know and embrace Biblical teaching about Christian marriage.**



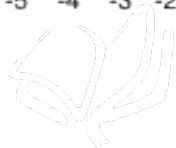
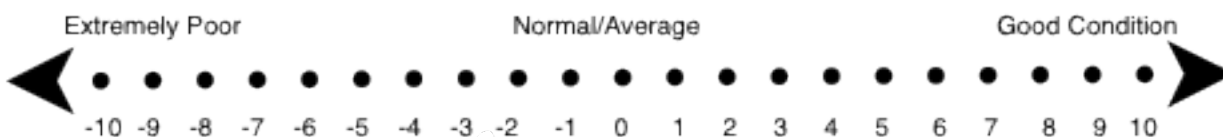
**3. Healthy marriages challenge each other to grow in their relationship with Christ by attending worship, praying together and reading Scripture together.**



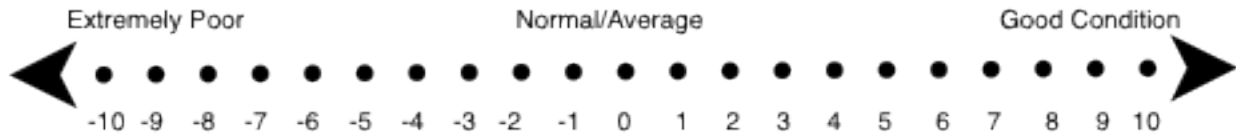
**4. Healthy marriages demonstrate sacrificial love to one another in intentional ways.**



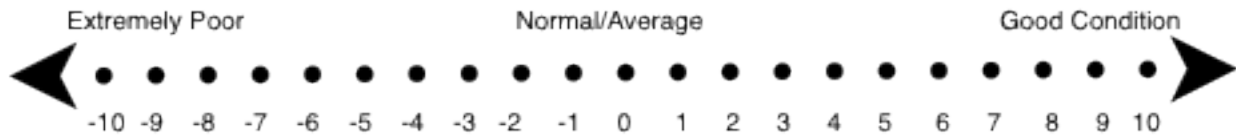
**5. Healthy marriages seek forgiveness to resolve wrong actions and attitudes.**



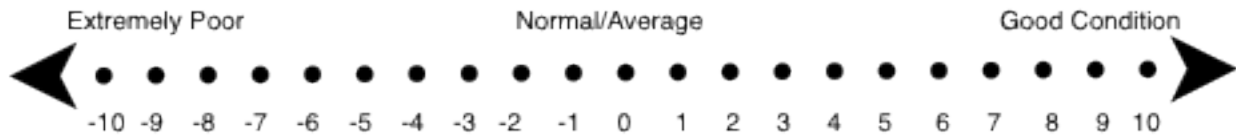
6. Healthy marriages resolve conflicts peacefully, rather than ignoring them or feuding.



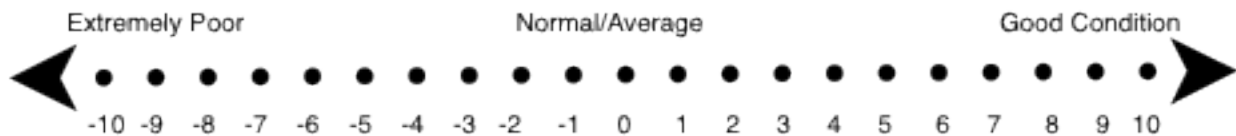
7. Healthy marriages practice encouragement to help each other change.



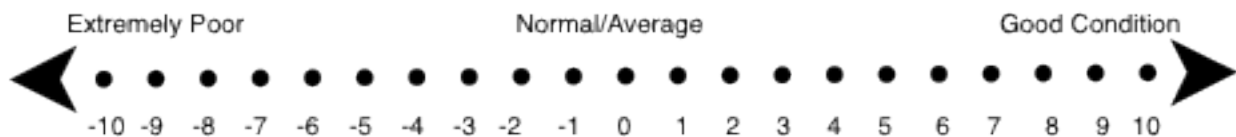
8. Healthy marriages choose to control their tongues from hurtful words.



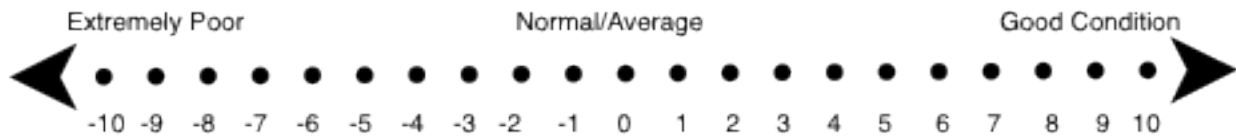
9. Healthy marriages allow room for expressing opinions, ideas, plans, aspirations, fears, feelings, likes, dislikes, views, problems, joys, frustrations, annoyances to each other.



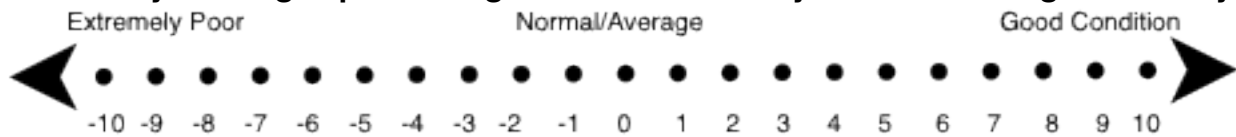
10. Healthy marriages learn about each other through taking time to listen to each other.



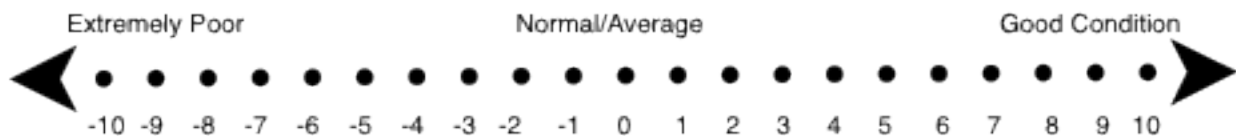
11. Healthy marriages pursue "common interests" and also choose to participate in each other's "own interests" to build a stronger relationship.



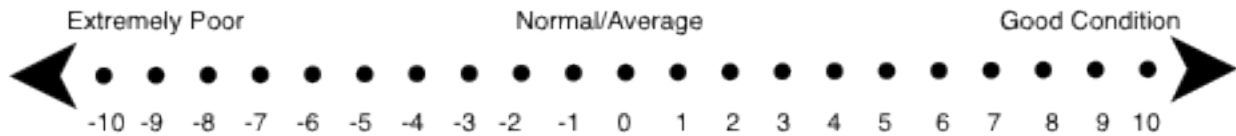
12. Healthy marriages pursue regular sexual intimacy as a means to greater unity.



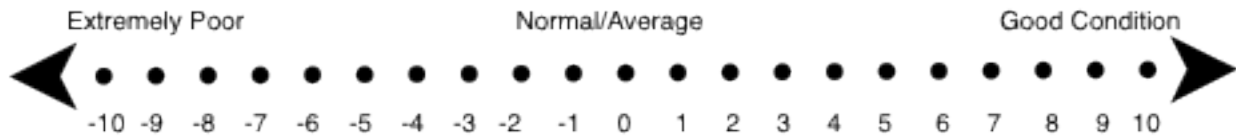
13. Healthy marriages agree upon a budget, stick to it and discuss all major financial decisions.



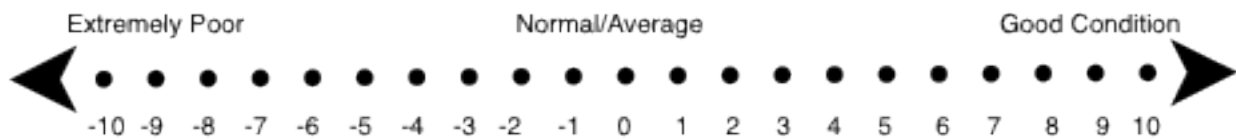
14. Healthy marriages refuse to let their anger become physical.



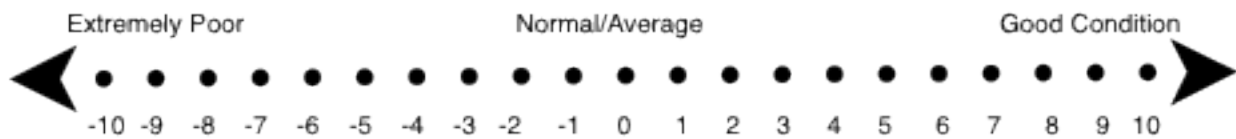
15. Healthy marriages prioritize their marriage over their children's schedules and desires.



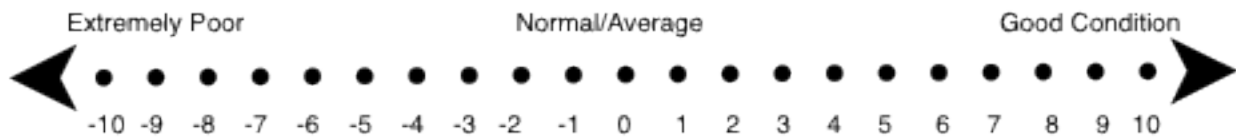
16. Healthy marriages prioritize the marriage over their careers.



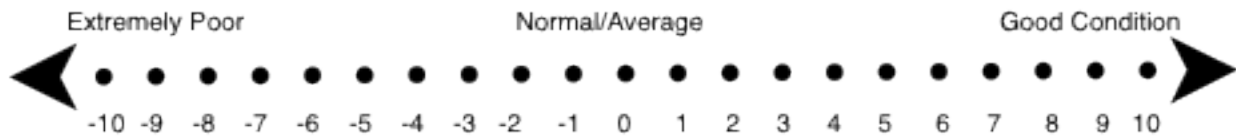
17. Healthy marriages prioritize their marriage over their leisure.



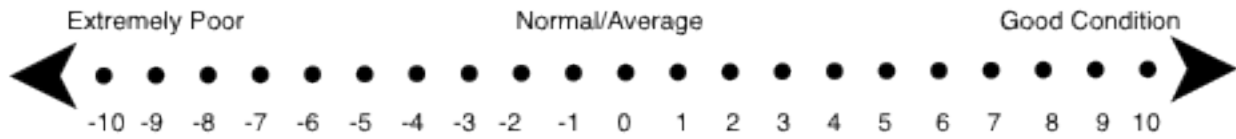
18. Healthy marriages refuse to enable irresponsible or illegal behavior in the home.



19. Healthy marriages choose to prioritize their spouse over their family of origin.



20. Healthy marriages remain faithful to their wedding vows even when it is hard.



21. Healthy marriages choose to pursue reconciliation before pursuing divorce.

